

Extended guidelines on bookings and visits

Updated: July 1st, 2020 at 10:30

Here you will find updated information about what we at Yasuragi do to enhance safety, and prevent any the spread of virus. When visiting Yasuragi we want you to feel safe. We kindly as ask you to read this before you come visit us. Of course, Yasuragi also follows VISITA's guidelines for safe hotels and restaurants stay called **Safe to visit**.



The new 8-rule

As a spa- and hotel facility, Yasuragi is not affected by the rules for public gatherings with a maximum of 50 people from July 1 and until further notice.

The ban that Swedish authorities announced on July 1st 2021 against holding public gatherings or public events with more than 50 people inhouse do not apply for the daily operations of hotels or restaurants, ie. room rental, breakfast and dinner, etc., except from events and activities that a is organized with more than 50 participants and which are aimed for the general public.

Serving of alcohol

We can only serve you drinks while you are sitting down at a table.

Are you an overnight guest you can order room service via the email you received or will receive 48-72h before arrival. The subject line is called "Before your visit to Yasuragi". There you look up information about My pages and place your order. As a day- or evening guest you will not be able to consume alcoholic beverages during your stay.

Max 8 people at the same table when sitting inside

The restaurants are currently sparsely furnished, which means that each table have at least one meter between them according to the current regulations. When eating parties of more than 8 people, the following guidelines apply: Groups of more than 8 people will at meals be divided into smaller groups of max 8 people in each group. The distance between each group is at least 1 meter.

Routines in our restaurants

Yasuragi always has high standards for hygiene. Right now we have extended routines for cleaning in public areas, which also includes our restaurants. All hard surfaces are washed with disinfectant regularly during the day. The restaurants are furnished more sparse, which means that the tables have at least one meter between them according to the regulations from authorities.

Lunch and dinner is for the time being served on plates. To minimize the risk of spreading the Corona virus, we have clear guidelines on how to behave at breakfast. All guests should wash and disinfect their hands before the meals and one company at a time is able to take breakfast. We ask for understanding of this, but of our guests and staff safety is our top priority. We supply hand disinfection for guests in the restaurant and staff is there to ensure that guests use this to ensure good hygiene in our dining rooms.

At Yasuragi, we are always very careful about hygiene and you will find hand disinfectants in all public areas. Our cleaning staff on site work extra hard to ensure the entire facility is cleaned properly. That, in combination with you following our advice and guidelines, allows us to continue keeping a safe environment at Yasuragi.

When should you NOT visit us?

- If you have been in contact with someone who has been diagnosed with Coronavirus infection, Covid-19.
- If you are sick with a general feeling of illness, cough, fever or cold. Do you show any of these symptoms we will not allow you to visit us right now.

Of course, the above also apply to our own staff, who are asked to follow the advice of Folkhälsomyndigheten. We also avoid personal contact with suppliers and partners according to the above. Please respect these measures as we care about the safety of all of us, guests and coworkers.

General advice

The best way to protect yourself and those you meet from viruses is to always maintain good hygiene, however it is extra important to think about right now.

- Wash your hands frequently with soap and water, after contact with other people
- Use hand disinfection as a complement to washing your hands
- Try not to have your hands on your face or fingers in your mouth
- Avoid shaking hands with others
- Avoid larger crowds if possible
- Stay home if you are sick

What do we do?

For the time being, we reserve the right to reject guests who show symptoms such as fever, cough and cold. This also applies, of course, also to our staff. You are welcome to visit us as long as you are free from symptoms such as fever, cough and cold.

Influenza viruses and bathing environment

According to our supplier, we already maintain better water values than the recommendations of Swedish health authority, Folkhälsomyndigheten. At Yasuragi we have so called ultrafiltration, which means that there is a built-in virus barrier in our mechanical water purification. This means that viruses cannot penetrate the filter and thus, virus cannot be spread in the water.

We kindly ask you to keep a distance to other guests in our bath area. At certain places in the bath there is a restriction of how many that can enjoy that place at a time. In addition, we have extended the routines for disinfection of surfaces throughout the Japanese bath, as well as in the rest of the house.

Our activities

We offer a variety of activities. All of these have a limited number of places. Please respect that we cannot have as many as usual on our activities, as we want you to be able to keep a proper distance.

We also highly recommend a walk in our Japanese garden - at the reception you will get a leaflet that tells you more about the Garden of Wandering and Tranquility. Adjacent to the garden is our outdoor gym and there are nice jogging trails in our surroundings - maps are available at the reception.

Extra routines for cleaning

Yasuragi always maintain a high standard of hygiene. Right now we have extended routines for cleaning in public areas. All hard surfaces such as bath rooms, door handles, conference tables, dining tables, chairs etc. are cleaned with disinfectant recurring every day. All digital screens, terminals and computers are cleaned at each change of shift. Our cleaning staff on site work extra hard to ensure the entire facility is cleaned properly.

Other hygiene measurements

We do everything we can to avoid all types of spreading of infection. After a yoga session, please wipe the mat with the detergent we provide. If you want to reduce any worry of yours, you can bring your own yoga mat or buy a yoga mat in the shop at the reception. You can also bring your own hand disinfection if you want to calm your concerns even more. Wash your hands with soap and water according to the guidelines of Folkhälsomyndigheten. We disinfect in public areas and have towels that are used once and are then washed.

What you need to think about before you visit us?

We are doing what we can to prevent a possible spread of the Corona virus, Covid-19.

We ask you to:

- Do not visit us if you have been in contact with someone who has been found to be infected with Corona virus, Covid-19.
- Stay at home if you are ill with a general feeling of illness, cough, fever or cold.

Did you already book a stay at Yasuragi?

If you already have booked a visit with us, you are more than welcome if you meet the above criteria. If you need to cancel or rebook, the usual cancellation policy applies. All cancellations or rebookings are to be made by mail to info@yasuragi.se - please state your reservation number in the mail.

When you visit us

We want to ask you as our guest to help and show extra consideration, and as always:

- Wash your hands thoroughly with soap and warm water as well as hand disinfection on arrival
- If you feel the slightest sick, please stay at home!
- Follow the travel recommendations on travel destinations. If you have been to a non-recommended destination, please show consideration by not visiting until two weeks after returning home and being symptom free.

We sincerely hope that this Corona-situation is soon over! And just want to remind you that we are making these efforts to protect you and minimize the risk of spreading the virus. We kindly request you to respect our guidelines in consideration of other guests and our staff.

Please keep the recommended distance and always stay at home if you're not feeling well.

Together we create a safe environment!